

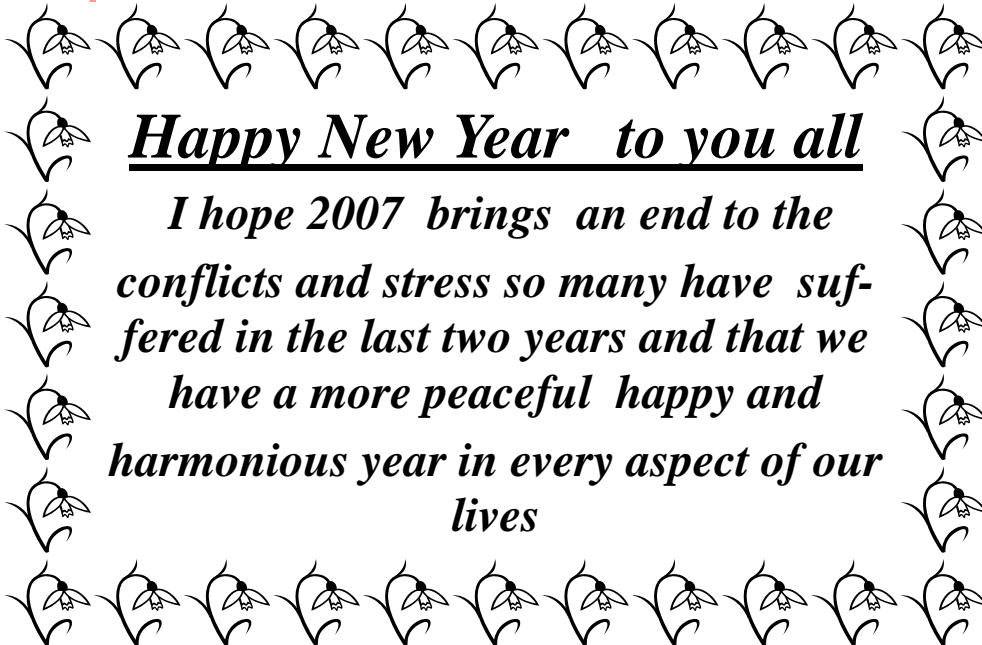
The Purple Pages

News, Information, Courses & Events

(find back issues on the web site)

PLEASE SEND ME YOUR EMAIL ADDRESS

NO EMAIL ? - PLEASE CONFIRM IF YOU WANT PURPLE PAGES BY POST



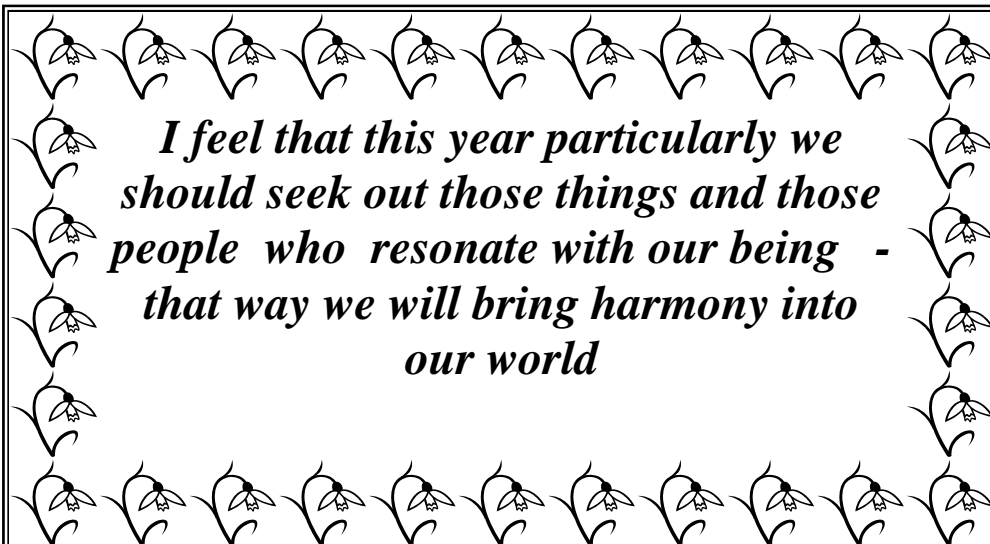
Happy New Year to you all

I hope 2007 brings an end to the conflicts and stress so many have suffered in the last two years and that we have a more peaceful happy and harmonious year in every aspect of our lives



Resonance

- The power to bring Images, Feelings, Memories into the mind of the listener



I feel that this year particularly we should seek out those things and those people who resonate with our being - that way we will bring harmony into our world

Volume 4
Issue 1

Autumn 2006

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Other courses	p 3&4
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For Sale : BARB

Standard couch £ 75
 Electric couch £450
 Reflexology stool £ 40
 Indian Head Massage video £10

BARB SELLS

BOOKS

Lots of books for sale !
Therapy, self help and fiction

CRYSTALS

Unusual crystals as well as pendulums and jewellery

ESSENTIAL OILS

Essential oils - a large range bottled to order from 2.5ml

CARRIER OILS

Base creams and oils—discounts if you bring bottles for refills

HOPi CANDLES

BOTTLES

Small brown, large blue, blue jars

BACH REMEDIES

30 ml Treatment bottles made to your requirements

- Give me a ring to arrange a time to view or collect

01536 516 955

Best times 8am or 9.30 pm



The Purple Pages

Balanced Life Therapies - Courses



Most organisations for complementary therapies have introduced Continual Professional Development requirements. You are usually required to keep your own record of attendance of meetings and courses, with certificates and details of the course syllabus, assessment and learning outcomes.

Phone 01536 516955 to book your place now!

Appropriate evidence for C.P.D is provided for all courses

Indian Head Massage - Reflexology workshop for children

Easter holiday Tuesday 3rd April
please ring for further information
Informative practical workshop to encourage use of massage and to stimulate interest in understanding and maintaining a healthy lifestyle
9.30 - 3pm £ 15.00 per person
Bring shared lunch

Energy Balancing for feet

- How to use the subtle energies to enhance your Reflexology or massage Treatments.
- 1 day workshop
- or Sunday 20th May
- Cost : £50.00 Venue to be confirmed.

Already committed for the above dates? Register your interest - ring me. Find a group of people interested in a course and other dates may be arranged. I am willing to present courses at other venues if there is an interest . 01536 516955 or barb@bb-l-t.co.uk

Check out open University course SK277 Human Biology very interesting and relevant learning
CONTACT 01908 653231
OR GENERAL-ENQUIRIES@OPEN.AC.UK

Reflexology master class ring to arrange date

Holistic Thermo Auricular Therapy (Hopi Ear Candling)

Ear candling, Face Massage, Physical and Emotional conditions and treatments.
2 day course + home study, case studies, exam.

Part 1: Cost £50.00 . Sunday March 18th 2007

Cost of candles for case studies £44.50

Venue : To be confirmed dependent on numbers.

Part 2: Open to anyone who has completed Part 1 and submits case studies. TBA

£50.00

If you have completed a one day course elsewhere but feel you need further study, you can attend part 2 please contact me for homework and case study information

REFLEXOLOGY OF HANDS AND EARS

Explore how to enhance your treatments - moving on from the healing plateau and further study of meridians and energy theories of Reflexology

Saturday May 19th 2007

£50

First aid contact FHT Oxford group

Marianne Allitt at heavencent.co@btinternet.com
or Audrey Poulton : 01536 392572

you may need a certificate for your insurance

Already committed for the above dates? Register your interest - ring me. Find a group of people interested in a course and other dates may be arranged. I am willing to present courses at other venues if there is an interest .



Thank you all for your generosity at the open day we raised over £600 for Cransley hospice



Gong Camp is a unique Sound Healing Arts Gathering featuring some of the worlds leading artists/practitioners in the field of sound healing/ sound therapy. It is a celebration of ancient tonal instruments, natural voice and a wide range of approaches that awaken musical creativity and self-discovery. Gong Camp is a five-day residential gathering featuring inspiring workshops, illustrated talks, gong/sound baths, concerts and open spaces for spontaneous sound creation.

To be sent a brochure or find out more.... Call Roz on: 01604 721881

Email roz@fslife.co.uk

Or visit www.gongcamp.org

For workshops including: Shamanic drumming, Native American flute, didgeridoo, dejemb (African drumming), 'self' awareness, holistic living, voice work – including breathing techniques, chanting etc. Gong/sound healing baths for deep relaxation and transformation, please call Roz at Earthdance on:01604 721881 or visit www.earthdance.gb.com

Contact Carole Preen for details of Aromatherapy and non manipulative skeletal realignment course NMSR as well as CPD courses and workshops 01536 764281

Define Hair & Beauty at Tresham

Require clients for student practical sessions in Kettering contact 01536 413089

Opening the doors to intuition courses by Shusha Walmesley phone 01536 516220 Or check out www.Shusha.co.uk

River Nene organic vegetables delivered locally 0845 978 6868 or boxscheme@rivernene.co.uk

Rita Brown

Reiki courses part one & two. Details - 01933 - 382568 Allergy testing and hypnotherapy

Clients need a chiropodist? Try Helen Venn-Brown. Carrington Street Kettering 01536 485381

Check out www.dyig.co.uk for 'moon' workshops and 'discover your inner goddess' courses near Bedford or ring Debby on 01676 549002
Note - Moon Workshops at Stanion and Embody meetings

Living well courses for your patients with long term health problems 01536 494233 Heartlands primary trust

GOSH -Geometrics of self healing *Essential Crystal healing course* -2 year course OCN accredited at Healing Well, Higham Ferrers contact Maureen 01733 347190 or 01933 354854

Would you like to come to a Beetle drive

A 50/50 'worn once, never taken out of the bag' clothes sale
Let barb know or do you have other ideas things happening you want to share ?

Maira Swanson offers courses in Tarot, Palmistry & Psychic Development in Kettering 01536 484133

Barbara Lewis
barb@b-l-t.co.uk
01536 516955

MAR MFHT MTLA
MGPP. MBSY.
Bach Practitioner

102 St Peters Avenue
Kettering Northants
NN16 0HD
Phone:

STRESSED
Circus skills and Juggling workshops and demonstrations See 12juggle.co.uk web site for details or find out more at Stanion

Juggling equipment for sale



EMBODY (GPP) SUPPORT GROUP MEETINGS

Non members welcome.

St Andrews Church Hall 7.30pm

31st Jan Debbie Carter Moon magic

25th April Barbara No Hands Massage demo and talk

27th June Shusha Homeopathy

26th Sept EFT Sue Martin

contact Barb CPD points

KETTERING OSTEOPOROSIS SUPPORT GROUP

Please call: Julie Gardiner on 01536 390706 for details of meetings, details of joining and to obtain information leaflets about Osteoporosis for your practice

A Re-launch will take place on **Friday 8th June** please make a note in your diaries - key note speakers have been invited to this important event

STANION COMPLEMENTARY THERAPY GROUP

Meets third Wednesday of month

Methodist church Stanion at 7.30 p.m.

£3.00 entrance

Refreshments included Everyone welcome.

January 17th Acupuncture talk demonstration and opportunity to try a treatment also mini care and share meridian workshop

February 21st Hypnotherapy

March 21st massage and reflexology care and share workshop

April 18th Juggling skills workshop

Contact Barb if any queries or if you would like to give a talk next year

Bring towel and blanket and cushion to workshops

Shires Holistics

meetings

Weds 24th January kettering

Tuesday 27th March N'ton

Weds 23rd May Rushden

Tuesday 24th July Kettering

Weds 19th September N'ton

Tuesday 27th Nov Rushden

For more information about speakers how to join etc

website

www.shiresholistics.co.uk

or contact

janet.flowers@hertshealing

.com for details

Thyroid Support group

7.15 Diabetic Centre

Contact Olwyn for details

01536 513748

Feng Shui Society

meets monthly

See Hear Opticians 01536 522889

Raffle prize gratefully received

Would you like a *genuine* opportunity to improve the health and wealth of yourself, family, friends and clients. Discover **“the smart income”** and plan for your future .

Call Diane for free info. Pack Tel : 01604 499439

Crossroads Oasis Clinic Holcot

Cornwall holiday maisonette Hayle nr St Ives
Christine 01628473420 for details sleeps 8 then visit the Bean Inn St Ives vegetarian food at its best 01736 795918

Check out : www.holisticlocal.co.uk

www.cygnus-books.co.uk or 08454561577 for a catalogue

www.biolifesolutions.co.uk

Leg care at www.magnopulse.com

www.paradisemusic.co.uk

PLEASE NOTE for 2007 increases in postal rates and lack of time have unfortunately forced me to decide that newsletters will be sent by e mail and posted on the Barb@b-l-t.co.uk website, **YOU MUST TELL ME** if you need a snail mail copy otherwise you'll miss out.