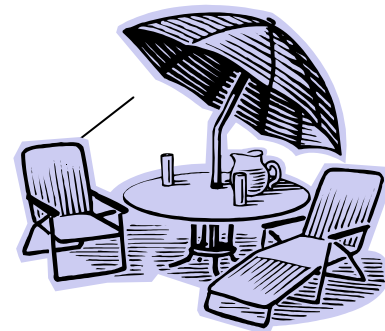


The Purple Pages... previous issues on web site ...

www.balanced-life-therapies.co.uk

News, Information, Courses & Events



Volume 2, Issue 2

SUMMER 2004

Inside this issue:

Balanced Life Therapy Course Details	2
Dates for your Diary	4
Other Places offering courses	4
Meetings	3
Also Available	3
Moon Magic	4
Events	4

Important note ~ new em@il address:

barb@b-l-t.co.uk

Have been having difficulties with e mail sorry if I have missed your messages



REFLEXOLOGISTS Wanted in **November**



For the opening of the new **PADDERS** shop and factory in Kettering
Padders 'Feel Good Feet' tm

Would like to offer customers mini treatments throughout November

This is an ideal advertising opportunity

Therapists needed to cover two hour sessions, twice daily

The new shop has a café and the opening will be widely advertised

Sessions will be allocated on a first come basis so
contact Barb **01536 516 955** now to register your interest and availability

Therapists to give pedicures also required

You will be able to leave cards and adverts in the shop and may be able to sell products and give talks. Some expenses may be paid

URGENT

Are you free on Monday October 18th

9.30-2.30 (lunch provided)

I am looking for several therapists to join me giving mini treatments of a range of holistic therapies or exercise to members of Sure Start in Kettering at Grange School.

This is paid work—contact Barb for details

BARB SELLS

BOOKS

Lots of books for sale!

Therapy, self help and fiction

CRYSTALS

Unusual crystals as well as pendulums and jewellery

ESSENTIAL OILS

Essential oils - a large range bottled to order from 2.5ml

CARRIER OILS

Base creams and oils—discounts if you bring bottles for refills

HOPI CANDLES

BOTTLES

Small brown, large blue, blue jars

BACH REMEDIES

30 ml Treatment bottles made to your requirements

- Give me a ring to arrange a time to view or collect

01536 516 955

Best times 8am or 9.30 pm



Balanced Life Therapies Courses

GUILD OF PROFESSIONAL PRACTITIONERS Accredited Courses

Most organisations for complementary therapies have introduced Continual Professional Development requirements and they seem to be accepting courses accredited by other Bodies and Insurers. Phone **01536 516955** to book your place now!

Indian Head Massage - Advanced Energy Work and IHM course.

Saturday 9th October

Includes: Auras, Meridians, Chakras, Alternative Movements.

One day course. 5CPD credits application made. £50.00

venue Kettering to be confirmed

Full Indian Head Massage Courses are being reviewed as the requirements for this course have changed. I am presently exploring options to enable me to offer an accredited course later in the year.

Holistic Thermo Auricular Therapy

(Hopi Ear Candling) (10CPD credits)

Ear candling, Face Massage, Physical and emotional conditions and treatments.

2 day course + home study, case studies exam.

Part 1: Saturday September 18th Cost £50.00

Cost of candles for case studies £40.00

Venue : To be confirmed dependent on numbers.

Part 2: Open to anyone who has completed Part 1 and submits case studies. Sunday September 19th £45.00

Bach Flower Remedies.

Using Bach Flower remedies for yourself and your clients. Introductory day. £50.00 at 102 St Peters Avenue, Kettering.

Sunday 10th October

Certificate of Attendance

Cpd Application made

Energy Balancing Reflexology

- how to use the subtle energies of meridians to enhance your Reflexology Treatments.
- 1 day workshops. (5 cpd credits)
Wednesday 6th October
Sunday 28th November
Cost : £50.00 Venue to be confirmed.

FRIDAY OCTOBER 1ST 9.30-3.00 102 ST PETERS AVENUE

Complementary, Alternative or Holistic therapy, energy work and case studies.

Discussion , exercises and home work to enhance your practice

Shared lunch Maximum 10 students £ 25.00 Certificate of Attendance

Already committed for the above dates? Register your interest - ring me. Find a group of people interested in a course and other dates may be arranged . 01536 516955

Would you prefer a weekday course? - let me know .

Q: What is fantastic value at only £1.00 a year to cover postage?

A: The Purple Pages!! Don't miss out! Are you on the mailing list?

- Ensure you receive details of events and courses through the Purple Pages. Send your £1.00 annual postage fee or email address and details of your areas of interest to Barb.



GUILD OF PROFESSIONAL PRACTITIONERS (GPP) SUPPORT GROUP MEETINGS

August 21st care and share day
 Sept 30th Margaret Bonner Walters—China Experience
 November 10th Christmas food for Veggies—Barb
 Dec 9th Evening meal & AGM

Non members welcome.

Contact Audrey Poulton 01536 - 392572 or Barb

Thyroid support group

Sept 6th Vanessa Forbes
 Healthy living
 December 6th Dr O, Malley
 Consultant
 7.15 Diabetic Centre
 Contact Olwyn for details
 01536 513748

Feng Shui society meets monthly

contact Julie 01933 226720

KETTERING OSTEOPOROSIS SUPPORT GROUP

AGM SEPTEMBER 8TH with Janet Strang from head office
THURSDAY OCT 14TH Vegetarian nutrition
TUESDAY DECEMBER 7TH CHRISTMAS PARTY

Please call: Julie Gardiner on 01536 390706 for details
 Of meetings, details of joining and to obtain information leaflets about osteoporosis for your practice

STANION COMPLEMENTARY THERAPY GROUP

Meets third Wednesday of month
 Methodist church Stanion at 7.30 p.m.
 £3.00 entrance

Refreshments included Everyone welcome.

September 15th Lesley Wilson will talk about her trip to NZ and share some of her new techniques
October 20th Gloria will demonstrate and explain Aura photography (Individual session £15.00)
November 17th an evening of massage
December 15th to be discussed

Meetings usually include treatment session so bring towel and blanket

Tel: 516955

Stressed — in need of treatment ?

Host an Evening or Day of Massage in your own home.
 Invite a few friends in for a sociable evening together and offer them the benefits of a treatment?. A 20 minute session will cost from £7.50 Short treatments of Reflexology, Massage, Indian Head Massage or a Crystal Healing. Host or hostess treatment is free if more than 6 people attend.
 For details of therapists in your area ring **Barb on 01536 - 516955** .

Regional Reflexology contact Eva Jungfalk-Down 01604 842000
 regional.reflexology@skynet.co.uk

Chi reflexology courses and support group meetings

Sept 15th kidney and bladder imbalances—the chi way
 Sept 24-26th chi reflexology diploma course part 1

Complementary Fayre Leisure Village October 24th
 Nutrition & Health Show Olympia Sept 25/26 08707873809

Kalm Within

3 Silver Street, Wellingborough, NN8 1BQ
01933 - 226506

"Not just a shop but a total holistic centre".
 Offering Homeopathy, Reiki, Holistic Treatments, Spiritual Healing, Tarot Readings, Clairvoyance, Aromatherapy and many other treatments. Kalm Within also offers healing rooms for hire and a truly unique shop. For all your Mind, Body and Spiritual needs - please call.

Naturally Yours

26 High Street, Rothwell
 NN14 6BQ
 Tel: 01536 - 713354
 www.naturally-yours-therapies.co.uk

Courses and Treatments available as well as a wide range of gift ideas

Voluptica

The Gothic & Alternative Store
 30 Montagu Street, Kettering NN16 8RU
 01536 - 510666

Earthdance continue to offer retreats, workshops and their amazing Tipi experience.
 Contact Roz at EARTHDANCE for further information on 01604 721881 or 0794574258 or Email : roz@earthdance.fslife.co.uk

- ←Other events→
- Craft Fayre Saturday November 20th
 - Toller Church Kettering
 - in aid of Marie Curie Cancer care
 - Want a table ring Jan 01536 330754

Biznet meetings for KBVT members Tuesday 21st Sept Understand body language and increase your sales contact Pauline 01536 513840 to book

Broughton village hall Table top sale Sunday September 12th 2-4,30 for table ring 01536 790121
In aid of Donna Sharpe memorial fund



Feng Shui evenings £70.basic FENG SHUI principles explained using your house as an example— good fun, you only need a pen and pencils and plan of your house. It could make all the difference Get together a few friends and ring Barb to book a session - 01536 516955



Moon Magic!

Interestingly the recent moon phase was the Thunder moon!!
Other tips are:
• a star close to the moon—expect bad weather
• a mottled full moon will bring rain
• A new moon brings a change in the weather
• New moon with sharp horns indicates windy weather

Moon magic evening October 31st 7.00pm-
Mini workshop £7.50
discover the magic of the moon— alternatively eat, drink, chat and play board games !!
Order your moon calendars

Contact Carole Preen for details of
Aromatherapy and non manipulative skeletal
realignment course NMSR as well as CPD
courses and workshops
01536 764281

Clients with asthma or breathing problems contact
Buteyko institute for details of introductory talks and courses in
Northampton 08001385738 or enquiries@liveandbreathe.info
Worthwhile evening for all therapists - good results
**Interested in one day workshops on Nutrition
and the Menopause?**
Contact Chris Puddephatt on 01832 - 734899
Or cpudd@rivernene.freeserve.co.uk

Egypt Discovery Tour
with Lise Manniche 14 day
study tour to examine aro-
matherapy perfumery and
cosmetics of Ancient Egypt
visits to most famous sites
included February 2005
contact Bernie Butterbur &
Sage 01189505100 or aro-
mahouse@btinternet

Clients need a chiroprapist?
Try Helen Venn -Brown.
Carrington Street Kettering
01536 485381

Emma Jane Brant. Bsc (Hons)
Homeopathic Medicine Lic:LCCH can
now be contacted at: Crossroads
Oasis Complementary Therapy
Centre -
01604 499439

STRESSED
Juggling parties
(not just for children)
Balls spinning plates
and diabolos for sale
Present for the stressed
person with every thing
Good fun
Tel :01536 791146

Aspects of Healing
Aura Readings, Holistic
Therapies and Spiritual Heal-
ing contact Gloria
01536510326
Gloria will demonstrate aura
photography and reading at
the Stanion Group meeting
on 20th October

Rita Brown
Reiki courses part one & two.
Details - 01933 - 382568
Allergy testing and hypnotherapy
Japanese garden near Newark
01777228567

Age positive recruitment
specialists in placements
for the over 40's
01604 628388
info@agepositive-
recruitmant.co.uk

Sense Massage
*Do you need a treatment
after treating your clients?*
Aromatherapy
Sports Massage
Treatments from £14.00
0870 050 92 92 90
www.sensemassage.co.uk
Member of IGPP

GOSH -Geometrics of self healing
Essential Crystal healing course
-2year course OCN accredited at
Healing Well Higham Ferrers
Start 4/5th Sept—7wkends in first year
£95 per weekend
(concessions available)
contact Maureen 01733 347190 or
01933 354854

And Finally Barb's OPEN DAY
Thursday 2nd and Friday 3rd December
Do you want a space, are you free to offer treatments ? 